

WICKHAMBROOK WHAT'S ON

October

- 1** **BOOTCAMP** Every **Monday** 9.30-10.30am at MSC Hall. Info 07554992125 or find Flash Sports & Fitness on Facebook.
MONDAY
- 2** **FALLS PREVENTION CLASSES** Every **Tuesday** 10.30 - 11.20am at Wickhambrook Pavilion. Pay as you go, £4.00 a class
TUESDAY
- 3** **MUMS & TODDLERS** **Wednesdays in term time**, at Wickhambrook United Reformed Chapel 9.45-11.45am. A chance for a chat and hot drink whilst the children play, extensive selection of toys. Just turn up £2 per family, 1st session is FREE!
WEDNESDAY
- WICKHAMBROOK & DISTRICT FAMILY CARERS** We are an independent Monthly Family Carer group which meet on the **first Wednesday of the month 1.30 - 3.30pm** at the MSC (Pavilion Room) Why not come along for a chat and a cuppa? For further details contact Gloria Harrison 07581712421 or Ruth Seal on 01440 820631
- FAT BURNING HIIT** Every Wednesday 7.30-8.15pm W.I. Hall £5 pay as you go (first session Free) All ages and Fitness levels welcome. Contact 07554992125 or Find Flash Sports & Fitness on Facebook.
- FISH & CHIPS at THE GREYHOUND** Weds 5-9pm (Menu also available). Take away 5-7pm only. Book: 01440 821017
- W.I. WALKING GROUPS** *All welcome!* - **Wednesdays** at 10am for the longer distances and **Thursdays** at 10am for a gentler walking programme. Turn up at the WI Hall. More info from Hilary (01440 821713) or Veronica (01440 820791)
- 4** **TWENTY ONE @ THE GREYHOUND Lunch Special** Every Thurs, Fri & Sat 2 Course £12, 3 Courses £16.
THURSDAY
- PIE NIGHT New!** Every Thursday evening 6pm-9pm (Full menu also available). Selection of Homemade pies to choose from weekly. Book now call 01440 821017.
- CIRCUIT TRAINING** Every **Thurs** 6.30-7.30pm. MSC Hall. Info 07554992125 or see Facebook - "Flash Sports & Fitness"
- 6** **FAIR TRADE COFFEE MORNINGS** the Benefice Hall, Wickhambrook. 1st **Saturday** in the month 10am. You don't need to buy anything, just come along for coffee/tea and company. All welcome! Info contact Josie Wreathall 01440 783286
SATURDAY
- 7** **HARVEST FESTIVAL** Methodist Church 10.30 am led by Mr Simon Bailey. Please come and help us celebrate the conclusion of the harvest of all kinds.
SUNDAY
- 9** **W.I. MEETING "Around East Anglia on a bus pass" with Pip Wright** Meetings are held at 7.30pm in the WI Hall and all ladies from the village and district will be made very welcome. Just turn up at the WI Hall if you would like to join in.
TUESDAY
- 11** **MEET & EAT Twenty One @ The Greyhound** Thurs **11th & 25th** 12pm, Soup £4.50, 2 courses £12, 3 courses £16.
THURSDAY
- ESTATES COMMITTEE MEETING** 7.30 p.m. start in the Pavilion next to the MSC Hall.
- 12** **W.I. FRIDAY TEA PARTY** from 2pm to 4pm. **All welcome** join us from 2pm till 4pm for Tea, Coffee and Cake £2.00
FRIDAY
- 14** **FARMERS MARKET & CAFE** 10am-1pm in the MSC Hall. Helen and Darren return with one of the biggest veg stalls in any Farmer's Market in Suffolk, along with Robin's Bread & Cheese Stall (artisan bread & delicious savoury pies) and our regular stalls with locally reared lamb, pork and now Wickhambrook 'Red Poll' Beef, plus John's speciality sausages and pork-based products. Sue's stall laden with homemade baking and Teresa's jams and marmalades - **FREE to enter, & browse.**
SUNDAY
- 17** **CARNIVAL AGM Weds 17th** 7.30 pm in the Memorial Social Centre Pavilion Everyone welcome, if you feel you can offer help in any way or have new ideas for the carnival, please come along.
WEDNESDAY
- 19** **HISTORY & HORTICULTURAL SOCIETY Combined event "Capability Brown- Hero or Hooligan?!" Presented by Mr Brown.** W.I. Hall 7.30 p.m. **All welcome** £1 for members of both Societies, £2.50 non-members - includes coffee/tea and biscuits. Further info Gillian Cooper (820052), Dorothy Anderson (820376) or Audrey or Matthew Lawfield 821379
FRIDAY
- 25** **PARISH COUNCIL MEETING Oct 25th, and Nov 29th** 7.30 p.m. start in the Pavilion next to the MSC Hall,
THURSDAY
- 28** **ALL SAINTS' CHURCH** Family service with Eucharist at 10am. Refreshments after the service in the Hall. All welcome. For a full list of weekly Sunday services around our benefice of seven churches please see the website for details: <http://www.bansfieldbenefice.org.uk/services/> Like us on Facebook. <https://www.facebook.com/bansfieldbenefice>
SUNDAY
- THE GREATEST SHOWMAN** MSC Hall. Starts 7.30pm **Talented vocal trio** lead by the Greatest Showman who will take you on a journey though the soundtrack of this remarkable film. They will be joined by **Stilt Walkers, Fire Acts and Acrobats** who will give you a thrilling night of entertainment. Tickets £20.00 Info and Booking 01440 821017

WICKHAMBROOK MSC SUPPORTERS ASSOCIATION PRIZE DRAW

AUG Mrs Keeble-Buckle £50, Mrs Denise Claydon £25, Mr B Shuter £5, Mr D Owen £5, Mrs G Williams £5, Mrs Una Webb £5, Mr Spoorberg £5. **SEPT** Ian Spencer £50, Mr K Harrison £25, Alyson Anderson £5, Ray & Penny Bragg £5, Mr A Lee £5, Geof Turner £5, Mark Evans £5.

November

1
THURSDAY

TWENTY ONE @ THE GREYHOUND Lunch Special Every Thurs, Fri & Sat 2 Course £12, 3 Courses £16.
PIE NIGHT Every Thurs evening 6pm-9pm. Home made Pies (Full menu also available). Book now call 01440 821017

2
FRIDAY
3
SATURDAY

CIRCUIT TRAINING Every **Thurs** 6.30- 7.30pm MSC Hall. Info 07554992125 or see Facebook. "Flash Sports & Fitness"

PUDDING NIGHT The Greyhound & Twenty One, £25 p/p light main meal & unlimited puddings. Book 01440 821017

5
MONDAY

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11
SUNDAY

METHODIST CHURCH Remembrance Service 10.30am led by Celia Hawley. Members of the **United Reformed Church** & hopefully Wickhambrook Beavers attending. The congregation will then move to the War Memorial, *see below*:

ALL SAINTS CHURCH Remembrance Service **Lidgate 10:30-11:30am** followed by War Memorial Service, *see below*:

WICKHAMBROOK REMEMBERS 1918 – 2018 marking the end of WWI. A special village Remembrance Service 12 midday at The War Memorial, including men in WWI uniforms. Representatives from the Parish Council, the three Churches, the Fire Service and the Wickhambrook Beavers will lay wreaths. Please make a special effort to attend this 100th anniversary of the ending of WWI on this very day in 1918. A generation of young men gave their lives for our freedom. The WI Hall will be open from 11.30 - 4.30pm for WWI Exhibition of Memorabilia, plus details of the lives of the men from Wickhambrook who gave their lives. Photographs, Trench Art, Medals and other Artifacts will be on display. Tea, Coffee and Cake plus Entry is Free. More details from 01440 821690/820242/820376/820052. *If you have any Memorabilia please contact one of the above telephone numbers in advance of the day. Please support this worthy and historic day.*

FARMERS MARKET & CAFE 10am-1pm at MSC Hall. All our popular food stalls plus a world of Christmas gift ideas from decorated glassware, bags to crafts, 're-purposed novelties' by 'Vintage Paraphernalia', 'Soft Stuff' knitwear by our 'Crafty Grannies', personalised Christmas cards etc. Why not pre-order Christmas Foods and Gifts for collection at our next Farmers Market on 9th December?

See the November-December issue of the Wickhambrook Scene (copies free in the shop from 1st November) for the latest details of the 'seasonal specials' and the plans for the busy Christmas Market and Cafe on Sunday 9th December.

12
MONDAY

HORTICULTURAL SOCIETY AGM Do come along - the actual business does not go on and on - cheese and wine to follow, so always a sociable occasion! In the W.I. Hall at 7.30 p.m. Contact the Chair, Jackie Merry, 820555 for further details.

13
TUESDAY

W.I. MEETING "Ghosts of West Suffolk" with Graham Higgins 7.30pm in the W.I. Hall all ladies from the district welcome. Just turn up - more info from Dorothy (01440 820376) or Gillian (01440 820052) for all our activities.

17
SATURDAY

W.I. CHRISTMAS FAYRE at 2pm in the W.I. Hall Come and get your Christmas Gifts!!! Christmas Crafts, Christmas Hamper Raffle, Home baking, Refreshments and much more!!

20
TUESDAY

HISTORY SOCIETY "Minstrels and Mayhem: Medieval Entertainment in Suffolk" with Dr Kate Jewel. 7.30pm in W.I. Hall. Members £8 per year plus £1 each meeting to include tea/coffee/homemade biscuits. A charge of £2.50 for visitors. All welcome. For more details please contact Gillian 01440 820052/Dorothy 01440 820376.

23
FRIDAY

CHILDREN'S CHRISTMAS DISCO Friday 23rd Nov. This event is open to all children living in Wickhambrook or attending Wickhambrook Primary Academy - 0-11 years. Look out for posters for further details.

To send information to What's On -email: whatson@wickhambrook.org or contact: Amanda Barrett Tel: 01440 820692 **note closing date for entries strictly by 20th of the month absolute latest.** N.B. Early emails will be acknowledged on 15th of the month later ones on 21st - phone Amanda if you do not get an acknowledgement to check if received.