

# WICKHAMBROOK WHAT'S ON

## April

- 1** **EASTER SUNDAY SERVICES: Methodist Church** Sunday Services remain at 10.30am every Sunday  
**United Reformed Church** service with Gwyneth Tilley at 10.30 *All welcome.*
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- 3** **FALLS PREVENTION CLASSES** *Every Tuesday* 10.30 - 11.20am at Wickhambrook Pavilion. Pay as you go, £4.00 a class.
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- 4** **WICKHAMBROOK & DISTRICT FAMILY CARERS** We are an independent Monthly Family Carer group which meet on the **first Wednesday of the month 1.30 - 3.30pm** at the MSC (Pavilion Room) Why not come along for a chat and a cuppa? For further details contact Gloria Harrison 07581712421 or Ruth Seal on 01440 820631
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- MUMS & TODDLERS** *Wednesdays in term time*, at Wickhambrook United Reformed Chapel 9.45-11.45am. A chance for a chat and hot drink whilst the children play, extensive selection of toys. Just turn up £2 per family, 1st session is FREE!
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- W.I. WALKING GROUPS** *All welcome - Wednesdays* at 10am for the longer distances and *Thursdays* at 10am for a gentler walking programme. Turn up at the WI Hall. More info from Hilary (01440 821713) or Veronica (01440 820791)
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- FISH & CHIP SHOP** *Every Wednesday* at the Greyhound 5pm-8pm. *Eat In or Take Away \*\*see back page for details\*\**
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- 5** **TWENTY ONE @ THE GREYHOUND** Lunchtime Special *Every Thursday, Friday & Saturday* 2 Course £12, 3 Courses £16, book a table by calling 01440821017
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- BUILD YOUR OWN BURGER NIGHT** From £7 every *Thursday* 6pm-9pm *TwentyOne @ The Greyhound* To Book Call 01440 821017
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- 7** **FAIR TRADE COFFEE MORNINGS** the Benefice Hall, Wickhambrook 1st Saturday in the month 10am. You don't need to buy anything, just come along for coffee/tea and company. All welcome! Info contact Josie Wreathall 01440 783286
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- 8** **FARMERS MARKET and Centre Cafe 10am-1pm in the MSC Hall** every second Sunday in the month. With new stalls and the return of the 'meat stalls', the Farmers Market will be set-up as usual with the Centre Cafe alongside offering a taste of spring - all welcome!
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- 10** **W.I. MEETING Pottery with Geoffrey Kay.** Our meetings are held at 7.30pm in the WI Hall and all ladies from the village and district will be made very welcome. Just turn up at the WI Hall if you would like to join in. Information is always available from Hilary (01440 821713) or Veronica (01440 820791) for all our activities. **ALL WELCOME!!**
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- 12** **MARMALADE MORNING, DENSTON HALL & SPRING GARDENS OPEN** CB8 8PW 10am until 12.30pm  
Hundreds of jars of Marmalades & Preserves for sale Cake Stall, Plant Stall, Raffle £3.50 on the door. Proceeds for the fabric of St Nicholas' Church, Denston, and in aid of The Suffolk Community Foundation and Wickhambrook WI.
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- MEET & EAT** *Greyhound & Twenty One* 12th & 26th April 12pm Soup £4.50, 2 courses £12, 3 courses £16. Come along with friends or on your own and join in the chat.
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- ESTATES COMMITTEE MEETING** Thursday at 7.30 pm in the MSC Pavilion
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- 13** **W.I. FRIDAY TEA PARTY** 2- 4pm, Tea, Coffee & Cake £1.50. in the WI Hall. Profits to Denman Bursary & local charities.
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- 17** **HISTORY SOCIETY A.G.M.** 7pm followed at 7.30pm **'History of the Town Crier' with Mike Wabe** at the W. I. Hall. Membership fee £8 per year (could change after the A.G.M.) plus £1 each meeting includes tea/coffee/homemade biscuits. A charge of £2.50 for visitors. *All welcome.* Contact Gillian 01440 820052/Dorothy 01440 820376 for more details.
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- 21** **FISH/CHICKEN AND CHIP SUPPER,** Churches Together 6.00pm for 6.30pm in the Benefice Hall, Ticket only.
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- 22** **ALL SAINTS' CHURCH** Family service with eucharist 10am. Refreshments after in the Hall. *All welcome.* Full list of Sunday services around our benefice please see website for details. <http://www.bansfieldbenefice.org.uk/services/>
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- 23** **HORTICULTURAL SOCIETY 'Rethinking the Garden' talk by Andrew Sankey** with ideas for redesigning your garden. Members £1, Non Members £2, including tea/coffee and biscuits.
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- 26** **PARISH COUNCIL MEETING** Thursday at 7.30 pm in the MSC Pavilion Room
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- 29** **CHURCHES TOGETHER Service at the URC** led by Sam Potter 3.00pm with refreshments afterwards.

To put information in the What's On contact: Amanda Barrett Tel: 01440 820692

or email: [whatson@wickhambrook.org](mailto:whatson@wickhambrook.org) **note closing date for entries now strictly by 20th of the month absolute latest.**

*N.B. I will confirm receipt of your email - If your email is not confirmed within 24hrs please ring me.*

# May

- 1**  
TUESDAY  
**FALLS PREVENTION CLASSES** Every **Tuesday** 10.30 - 11.20am at Wickhambrook Pavilion. Pay as you go, £4.00 a class.
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- 2**  
WEDNESDAY  
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THURSDAY  
**TWENTY ONE @ THE GREYHOUND** Lunch special every **Thursday, Friday & Saturday** 2 courses £12, 3 courses £16, book a table by calling 01440821017
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- BUILD YOUR OWN BURGER NIGHT** From £7 every **Thursday** 6pm-9pm TwentyOne @The Greyhound To Book Call 01440 821017
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- 5**  
SATURDAY  
**FAIR TRADE COFFEE MORNINGS** the Benefice Hall, Wickhambrook 1st Saturday in the month 10am. You don't need to buy anything, just come along for coffee/tea and company. All welcome! Info contact Josie Wreathall 01440 783286
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- 6**  
SUNDAY  
**METHODIST CHURCH SERVICE** Sunday services at 10.30am each week *all welcome*.
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- 8**  
TUESDAY  
**W.I. AGM & Resolutions. Recipe Swap Evening** 7.30pm in the WI Hall and all ladies from the village and district very welcome. Just turn up at the WI Hall if you would like to join in. Information is always available from Hilary (01440 821713) or Veronica (01440 820791) for all our activities. **ALL WELCOME!!**
- 
- 10**  
THURSDAY  
**MEET & EAT Greyhound & Twenty One** 10th & 24th May 12pm Soup £4.50, 2 courses £12, 3 courses £16. Come along with friends or on your own and join in the chat.
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- ANNUAL PARISH MEETING** Thursday 7.30 start in the Pavilion Room next to the MSC hall
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- 11**  
FRIDAY  
**W.I. FRIDAY TEA PARTY** from 2pm to 4pm. Come and join us from 2pm till 4pm for Tea, Coffee and Cake £1.50. All profits to Denman Bursary and local charities. *All welcome!*
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- 12**  
SATURDAY  
**COFFEE MORNING & BRING AND BUY SALE** in aid of Christian Aid from 10 am- 12 midday at the Methodist Church. Please come and support this very worthy cause. Saturday 12th May.
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- 13**  
SUNDAY  
**FARMERS MARKET** Come and browse the variety of stalls at the Sunday Market including veggies, meat and crafts. Tea, coffee, hot and cold snacks in the Centre Cafe - what's better to do during a Sunday morning stroll!
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- 14**  
MONDAY  
**HORTICULTURAL SOCIETY Bring & Buy Plant Sale** with raffle 7.30pm in the WI Hall. Annual membership of the Society is £6 and we would love to see you at our meetings which are £1 for members, Non Members £2.
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- 15**  
TUESDAY  
**HISTORY SOCIETY 'Country Life in the times of Gainsborough, Constable and Austen' with Martyn Roper.** Meetings start at 7.30pm in the W.I. Hall. A Membership Fee of £8 per year (this could change after the April A.G.M.) plus £1 each meeting to include tea/coffee/homemade biscuits. A charge of £2.50 for visitors. *All very welcome.* Please contact Gillian 01440 820052/Dorothy 01440 820376 for more details.
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- 20**  
SUNDAY  
**CHRISTIAN AID SERVICE** Sunday 3pm at the Methodist Church led by the Rev Sangwoo. Refreshments served after the service. *All very welcome.*
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- 27**  
SUNDAY  
**ALL SAINTS' CHURCH** Family service with eucharist 10am. Refreshments after in the Hall. *All welcome.* Full list of Sunday services around our benefice please see website for details. <http://www.bansfieldbenefice.org.uk/services/> Like us on Facebook. <https://www.facebook.com/bansfieldbenefice>
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- 31**  
THURSDAY  
**ANNUAL PARISH COUNCIL** Thursday 7.30 start in the MSC Pavilion Room

## WICKHAMBROOK MSC SUPPORTERS ASSOCIATION PRIZE DRAW

**FEBRUARY** Roger Dratcott £50, Mr J Bell £25, Mrs S Day £5, Paul Taylor £5, Mrs A Mortlock £5, Mr Ray Featherstone £5, Mr J Digiulis £5

**MARCH** Mrs A Mortlock £50, Mrs D Claydon £25, Mr Glenn Thwaite £5, Cynthia Butts £5, Geoff Turner £5, Trevor & Dee Taylor £5, Sam Scarff £5

# Help Wanted (Please)

Let's get straight to the point fellow reader - our dear old village hall needs a few more folk to help look after it and this article is an invitation to you, to take a moment as you read, to consider whether you might be able to volunteer a little of your time to the cause.

Here's a bit of information that might trigger a realisation that you're just the person for the job!

## Who looks after the hall?

Your village hall (and the recreation field) is a private, self-funded facility, held in trust, governed by the rules of the Charity Commission and its assets and operations are protected and looked after by a group of volunteers called trustees.

We're a friendly, eclectic bunch, each aware of the benefits of keeping a hall running in the village, each community spirited enough to donate a bit of time to that purpose. We're a merry group with similar values and a shared responsibility – to run and take care of this much loved and utilised hall so that it remains available and safe for the community to use and enjoy.

## What qualifications does a trustee need?

There are no specific qualifications and you don't need to pass any tests. There is no maximum or minimum (within reason) age. Life experience is the single most useful qualification, along with a sense of wanting to contribute something to your village. Whatever your strengths, we'll play to them. No one is knowingly underutilised. Everyone is valued.

It's useful (although not essential) if you have some daytime availability. A majority of our current committee is at work during the day, so we sometimes struggle for someone to open the hall for a hirer, make a daytime call to someone or progress a project in daylight hours!

If you've got access to email, that's good too, but you don't need to be a technical genius or an IT guru!

You can be full of ideas and energy, or a quiet thinker and listener, or both! Leader or follower, doer or strategist, everything counts as useful.

## What do the hall trustees actually do?

The trustees have a variety of responsibilities, which essentially fall in to two categories. Collectively, we make sure all the operational basics are covered; that the hall is safe and equipped, the bills are paid, the bookings are managed and the paperwork is processed.

Beyond that, we chip away at tasks and projects to improve and upgrade the hall, considering its future needs and the needs of the community.

We meet formally on one evening each month, to review what's going on, what's on our work-in-progress list, how the finances and bookings are looking, what events are coming up, and so on. And between meetings, we are in touch, progressing projects, discussing tasks, and bouncing plans and ideas around.

To give you a flavour of the sort of operational jobs we undertake. We run a bookings diary and provide access to the building, manage the halls insurances, monitor outsourced tasks such as cleaning and safety checks, run a risk assessment system, keep up to date financial records, run premises checks to make sure things are working, and so on.

In terms of the sort of projects we are working on. We're arranging the installation of a defibrillator for use by the community; upgrading the audio equipment; re-organising the store cupboard; planning for a new roof; tackling the dog fouling

issue on the recreation field; planning the upgrade of the ladies toilets, and so on.

The list of ideas we have for things we'd like to achieve is long, and most projects are years in the planning and often then years in the fundraising and implementation. But it's all going on behind the scenes and when a project comes to fruition, the sense of satisfaction is immense.

## Why we need you

Currently we're a committee of 9 trustees, supported by a small handful of folk who aren't trustees, but who provide critical hands on help with things. Most of us have been about the task for 5 years or more now. But as with any organisation there is natural turnover, and we know that this year it's likely our number will be depleted. And with a skeleton crew, the wheels will turn more slowly, and even covering the basics will be challenging.

We need new recruits. A few people with a bit of energy, a bit of time (anything upwards of a few hours a month), and a positive mind-set.

So if you've recently won some free time and you're looking for somewhere to invest it, or if you've moved in to the area and would like to offer some help and get to know some people, or if you've often thought you'd like to or ought to be involved, but have just never got round to actually putting up your hand, then I appeal to you. Now, is the moment! Come and increase our number, be involved in your village, join in with the team. You'd be as appreciated as you are welcome.

## What's in it for you?

Being a trustee is neither high profile nor glamorous, and because most people have no idea what efforts are invested in keeping the building standing, there's scant little thanks involved. But I've found, that being a trustee, rewards with a real sense of social contribution and a feeling of a job very usefully done.

I hope you share my view that the village hall is an important component of our community. It's the foundation on which our seasonal village events are run, our school plays are performed, and our clubs and sporting activities are held. It's where people celebrate their weddings, and celebrate the lives of their dearly departed. It's where markets and fundraisers and theatre nights are held, coffees and cakes are enjoyed, where friends and neighbours come together. And it's where the lives of the Wickhambrook soldiers in whose name the hall was built, are commemorated.

So by volunteering as a trustee, you would enjoy the sense of making a vital donation and facilitating all of those things without which, our village would be considerably the poorer.

## If you think you can help

If you know a trustee, grab any one of them and have a chat about what it's all about. You'll be guaranteed their full attention! We're all approachable people, and would welcome a chat. You might like to get a flavour of it by coming along and observing a meeting, or chatting over a cuppa about how you could be involved. So if you want to find out more, or you'd like to volunteer some time, get in touch.

Call me on 01440 820900.

Or email [chair@wickhambrookmsc.org](mailto:chair@wickhambrookmsc.org).

Thank you.

Sam Scarff

Wickhambrook MSC Chair



## **Fish & Chip Shop Nights every Wednesday From 4th April 5pm-8pm**



### **Fish & Chip Prices Eat In or Take Away**

#### **Fish**

Cod	£5
Haddock	£5
Plaice ( <i>Pre Order Only, Market Price</i> )	
Skate ( <i>Pre Order Only, Market Price</i> )	
Rock ( <i>Pre Order Only, Market Price</i> )	
Scampi (7)	£4.40
Fish Cakes	£1.50

#### **Pies**

Chicken & Mushroom	£3
Steak & Kidney	£3

#### **Burgers**

1/4lb Beef Burger	£4
1/4lb Beef Burger with Cheese	£4.50
Veggie Burger	£4

#### **Extras**

Saveloys	£1.50
Mushy Peas	£1
Curry Sauce	£1
Pickled Egg	70p
Gherkin/Wally	70p
Pickled Onion	50p
Regular Chips	£2
Large Chips	£3

### **TwentyOne @ The Greyhound Wickhambrook**

To place your order by phone for collection call **01440 821017**.

Due to the popularity of this new venture could we ask that if you know you are coming **please order early** to ensure we order enough stock to meet demands